

# Sunday 19 March 2017 – ACT Relay Championships and Distance Meet 4

This Timeline is to be used as a guide only

## ACT Relay Championships

Event	Starts at	
1 Mixed 8 & Under 4x50 Freestyle Relay	03:30pm	_____
2 Boys 15 & Over 4x50 Freestyle Relay	03:35pm	_____
3 Girls 15 & Over 4x50 Freestyle Relay	03:39pm	_____
4 Boys 13-14 4x50 Freestyle Relay	03:39pm	_____
5 Girls 13-14 4x50 Freestyle Relay	03:47pm	_____
6 Boys 11-12 4x50 Freestyle Relay	03:50pm	_____
7 Girls 11-12 4x50 Freestyle Relay	03:54pm	_____
8 Mixed 9-10 4x50 Freestyle Relay	04:03pm	_____
9 Boys Open 4x100 Freestyle Relay	04:14pm	_____
10 Girls Open 4x100 Freestyle Relay	04:14pm	_____
11 Men Open 4x50 Freestyle Parents Relay	04:19pm	_____
12 Women Open 4x50 Freestyle Parents Relay	04:19pm	_____
13 Mixed 8 & Under 4x50 Medley Relay	04:23pm	_____
14 Boys 15 & Over 4x50 Medley Relay	04:29pm	_____
15 Girls 15 & Over 4x50 Medley Relay	04:33pm	_____
16 Boys 13-14 4x50 Medley Relay	04:33pm	_____
17 Girls 13-14 4x50 Medley Relay	04:41pm	_____
18 Boys 11-12 4x50 Medley Relay	04:45pm	_____
19 Girls 11-12 4x50 Medley Relay	04:53pm	_____
20 Mixed 9-10 4x50 Medley Relay	05:02pm	_____
21 Boys Open 4x100 Medley Relay	05:16pm	_____
22 Girls Open 4x100 Medley Relay	05:16pm	_____
<b>Finish Time</b>	<b>05:22pm</b>	_____

## Distance Meet 4

Event	Starts at	
50 200m Butterfly	05:30pm	_____
51 200m Backstroke	05:30pm	_____
52 200m Breaststroke	05:39pm	_____
53 400m IM	05:52pm	_____
54 400m Freestyle	06:00pm	_____
55 1500m Freestyle	06:18pm	_____
56 800m Freestyle	06:18pm	_____
57 200m Butterfly	06:50pm	_____
58 200m Backstroke	06:50pm	_____
59 200m Breaststroke	06:54pm	_____
<b>Finish Time</b>	<b>06:58pm</b>	_____

### Notes

Warm up lanes will be available in the 25m pool from 1:00pm.

Hopefully there will be a break between the development meet and the start of the relays allowing for some warm up capacity in the competition pool.

Swimmers who are swimming in the distance meet but not competing in the Relay Championships will be able to warm up in the 25m pool. There will be no warm up time in the competition pool.

Parking will be a challenge for those arriving after 11:00am as the Raiders have a match on Sunday afternoon starting at 4:00pm. While there are bays set aside for pool patrons much of this section will have been taken by people attending the development meet and staying on for the relays. If there are no places available you have a choice of paying for parking or finding a free spot off site.