

## **2016-17 NSW 13-18 Years State Age Championships – Day 2**

13 December 2016

It was another great day in the pool for many of our swimmers.

Following on from her silver on day 1, Abbey Webb (Ginninderra) did one better when she took out the girls 15 years 100m freestyle (event 27) carving over a second off her previous PB over the course of the day. She backed up in event 37 (girls 15 years 300m butterfly) with a 9<sup>th</sup> place.

Sophie Groves (Canberra) came in 10<sup>th</sup> in event 29, the girls 14 years 200m backstroke.

David Tabke (QT Swimming) had another good day with a 5<sup>th</sup> in events 30, the boys 14 years 200m backstroke where we took almost 5 seconds off his entry time. He followed this up with a 3<sup>rd</sup> place in event 39, the boys 14 years 1500m freestyle. David had come in on the qualifying time (18:30.00) and swam a terrific 11:11.77.

Also swimming the 1500m free I event 39 was Skinny Gavel (Cruiz) who came in 6<sup>th</sup>.

With a gold and a silver on day 1, Ginninderra's Kayla Hardy went one better on day 2 winning event 31 (girls 13 years 200m IM) and event 40 (girls 13 years 100m butterfly).

It was good to see James Hanson (QT Swimming) back on the podium with a third place in event 34, the boys 17-18 100m backstroke.

Having missed the finals last night by a small margin, Courtney Taylor (Tuggeranong Vikings) picked up 7<sup>th</sup> place I event 35 (girls 16 years 50m freestyle).

It was another good day for Jacinta Essam (Tuggeranong Vikings) with gold in event 37, the 15 years girls 200m butterfly.

Jarrood Lee (Woden) was 5<sup>th</sup> in event 38, the boys 15 years 200m butterfly,

Bec Cross (Ginninderra) picked up her second silver medal for the meet when she finished second in event 42, the girls 17-18 400m IM.

In event 43, the boys 17-18 400m IM, Liam Brodrick (Ginninderra) picked up a bronze medal with Dylan Weir (Tuggeranong Vikings) placing 8<sup>th</sup>.

Andrew Catchpole (Ginninderra) came in first in event 45, the boys 16 years 100m breaststroke.

Event 46, the girls 14 years 800m freestyle, saw three of our swimmers finish in the top 10: Anna Varella (Ginninderra) came in second with Sophie Groves (Canberra) third and Casey Abel (QT Swimming) eighth.

The night was finished off with relays with the Ginninderra team of Kayla Hardy, Hannah Hall, Meg Senior and Chelsea Kenneally coming in 5<sup>th</sup> in event 17 – the girls 13-14 years 4x50m freestyle and the Tuggeranong Vikings team of Andrea Forshaw, Zoe Strzelczykowski, Jacinta Essam and Courtney Taylor coming in 10<sup>th</sup> in event 49 the girls 13-18 years 4x100m freestyle.

Well done to all our swimmers who competed on day 2.

## **2016 McDonalds Queensland Championships**

It is good to see Ben Treffers (Burley Griffin) back in the water and competing following his disappointment at missing the Olympic team. Ben took out the open mens 100m backstroke.

Stephen Ashton (Cruiz) topped off a good year when he won the B Final in the open mens 400m freestyle in a national qualifying time. This is the first time that Stephen has achieved a qualifying time for Open Nationals.

Well done Ben and Stephen.

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