

**SWIMMING ACT INC.**

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ACT swimmers perform well at the 2016-17 NSW 10U-12 Years State Age

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The 49 swimmers from Swimming ACT member clubs who attended "Little State" at the end of last week did themselves proud. Nine of our clubs were represented: Aquatots Sea Dragons, Burley Griffin, Canberra, Cruiz, Ginninderra, Goulburn, QT Swimming, Tuggeranong Vikings and Woden. There were some great PBs and quite a few outstanding performances.

Habibat Ogunbanwo (Tuggeranong Vikings) was our first medallist of the meet with a bronze in the 12 year old girls 100m breaststroke. She followed this up with a silver in the 200m event.

Abbey Senior (Ginninderra) took silver in the girls 10 and under 200m IM. She shaved almost 2 seconds off her entry time.

Maggie Williams (Goulburn) joined Habibat on the podium when she came in third in the girls 12 years 200m breaststroke. This followed her creditable 7th place in the 100m breaststroke.

Sophia Lemon (Tuggeranong Vikings) came in second in the girls 12 and under 800m freestyle knocking a whopping 25 seconds off her entry time.

Lucy Piva (Canberra) picked up a bronze in the 11 year old girls 100m backstroke.

Tuggeranong girls Natalie Layton, Habibat Ogunbanwo, Jordyn Parritt and Sophia Lemon proved a great combination coming second in the girls 12 and under 4 x 50m medley relay.

Well done to all our swimmers you competed at Little State!

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