

## 2016-17 NSW 13-18 Years State Age Championships – Day 1

12 December 2016

Quite a few of our swimmers were competing on day 1 of the championships with 11 swimming in the finals.

There were no local swimmers in the finals of the first four events however Jacinta Essam (Tuggeranong Viking) made up for that by taking out the girls 15 years 800m freestyle. After a tight start Jacinta had taken a small lead at the 200m turn she maintained the lead winning by almost 5 seconds.

Event 6 (girls 14 years 200m IM) saw Anna Varela (Ginninderra) in action, placing 9<sup>th</sup>.

Justin Lacey (Tuggeranong Vikings) came in 9<sup>th</sup> in event 7, the boys 14 years 200m IM.

Kayla Hardy (Ginninderra) took gold in event 8, the girls 13 years 200m freestyle and backed up this great performance with silver in event 18 (girls 13 years 200m breaststroke).

Bec Cross (Ginninderra) was 2<sup>nd</sup> in event 12 the girls 17-18 100m breast with Dylan Weir (Tuggeranong) placing 6<sup>th</sup> in the boys event.

The heats of event 14 (girls 15 years 200m back) saw three of our swimmers make the finals. Jacinta withdrew leaving it up to Abbey Webb (Ginninderra) to take out the silver and Claire Molineux (QT Swimming) the bronze.

Jarrold Lee (Woden) placed 6<sup>th</sup> in event 15, the boys 15 years 200m backstroke with David Tabke (QT Swimming) coming in 6<sup>th</sup> in event 17, the boys 14 years 100m butterfly.

Emma Gillingham (Woden) picked up bronze in event 20, the 17-18 girls 400m freestyle.

Rounding out the night were 4 x 100m Medley Relays for 13-16 girls and boys. The Tuggeranong Vikings girls team of Courtney Taylor, Phoebe Ross, Jacinta Essam and Andrea Forshaw came in 5<sup>th</sup> just ahead of the Ginninderra team of Meg Senior, Brandy Nicholson, Aylisha Sutton and Abbey Webb.

Well done to all our swimmers who competed day.