

ACT RELAY CHAMPIONSHIPS



Sunday 4 February 2018

**Lakeside Leisure Centre,
Tuggeranong Town Centre
(after Speedo Heats)**

Meet will be held in short course format



SPORT&RECREATIONACT

The ACT Government assists
Swimming ACT through
Sport and Recreation ACT

Warm-up (at least 45 min prior to start)

Start (not before 2.00 pm)

Boys	Mixed	Girls	Age	Discipline
	1		8&U	Freestyle
2		3	15&O	Freestyle
4		5	13-14	Freestyle
6		7	11-12	Freestyle
	8		9-10	Freestyle
9		10	Open	Freestyle
11		12	Parents	Freestyle
	13		8&U	Medley
14		15	15&O	Medley
16		17	13-14	Medley
18		19	11-12	Medley
	20		9-10	Medley
21		22	Open	Medley

Normal pool entry applies to swimmers and spectators.

THE MEET DIRECTOR RESERVES THE RIGHT TO AMEND THE PROGRAM IF NECESSARY.

MEET ENQUIRIES TO:

Lorraine Wuth - email: lwuth@hups.net



CONDITIONS OF ENTRY

- Age as at 4 February 2018.
- Medals for 1st, 2nd and 3rd placed teams.
- For Age Group and Open events, teams to be comprised of first claim SAL registered (via Clublane) swimmers only.
- Open relays are 4 x 100m, Age Group and Parents relays are 4 x 50m.
- 8&U and 9-10 are mixed teams - any combination from all boys through to all girls.
- For each Age Group event (i.e. except the Parents Relays and Open relays), the top two placed teams for each club count for the Relay Point score.
- There are no points for the Parents Relay, multi-Club teams will be accepted in the parent relay events.
- For each Open event Clubs are limited to one team only. The points awarded are doubled for Open relays.
- Any swimmer can swim in the Open Freestyle & Open Medley relays.
- To maximise participation younger swimmers are permitted to "swim-up" in older age groups. There is no restriction on the number of swimmers who may "swim up". However, a swimmer can only score points in one Age group team in a given discipline (freestyle or medley). **Where a swimmer is entered in more than one Age group team for a given discipline the team status (scoring or non scoring) for all teams impacted must be notified to the Recording Table** (i.e. if a swimmer aged 12 swims in the 13-14 medley and then the 11-12 medley, the Club must notify the Recording Table which team is eligible for points).
- Clubs will have up until 30 minutes prior to the advertised start time of the meet to finalise teams, the order in which swimmers will compete and where relevant the point scoring status of each team.
- Swimmers will be marshalled by Club. Clubs are to nominate a non-swimming adult to be their team's manager and who will assist the technical officials on pool deck.
- **Entries close:** 10:00pm Thursday 1 February 2018.
- **Entry fee:** \$13.00 per team entered. EFT payment preferred.